

## SMALL

### Chef's Soup of the Day

Organic Bloomer Bread  
£4.95

### Hunters Skillet

Pan Fried Chicken Livers, Wild Mushrooms, Bacon, Garlic Croute  
£7.95

### Ham Hock Terrine

Crostini, Pickles, Dressed Salad  
£7.95

### Breaded Camembert

Toasted Crostini, Tomato, Rosemary & Celery Salad  
£7.95

### Crab Cakes

Lemon, Dill Mayonnaise  
£7.95

## MEDIUM

### Traveller's Ploughman's Platter

Garstang Blue Cheese, Local Cheddar, Honey Roast Ham, Pork Pie, Scotch Egg, Pickled Onion,  
Crusty Bloomer Bread, Piccalilli, Westmorland Chutney  
£10.95

### Cumbrian Deli Board

Cumbrian Air Dried Ham, Smoked Salmon, Ham Terrine, Cold Sliced Cumberland Sausage, Westmorland  
Chutney, Crusty Bloomer Bread  
£11.95

### Flaked Salmon or Griddled Chicken Superfood Salad

Curly Kale, Broccoli, Pomegranate, Beetroot, Toasted Nuts & Seeds, Carrot, Citrus Dressing  
£11.95

Vegetarian Option

£10.95 (V)

## LARGE

### Haddock in Jennings Beer Batter

Hand-Cut Chunky Chips, Tartar Sauce, Mushy Peas  
£12.95

### Local Cumberland Sausage

Butter Mash or Hand Cut Chips, Cabbage & Bacon, Onion Gravy  
£13.95

### Homemade Steak & Kidney Pudding

Baby New Potatoes or Chips, Seasonal Vegetables & Gravy  
£14.95

### Homemade Beef Burger

Crispy Back Bacon, Cheese, Chunky Chips, Salad & Relish  
£12.95

### Slow Braised Lamb Shank

Creamy Grain Mustard Mash, Roasted Vegetables, Red Wine & Rosemary Jus  
£15.95

### Borlotti, Haricot & Kidney Bean Chilli (V)

Medium Hot Chilli, Basmati Rice, Parmesan Shavings  
£12.95

### Aubergine, Tomato & Parmesan Bake (V)

Rocket & Cherry Tomato Salad  
£13.95

### Feta, Spinach & Sun Dried Tomato Stuffed Chicken Breast

Wrapped in Parma Ham with Sauté Potatoes, Seasonal Vegetables, Pan Jus  
£14.95

## SIDE ORDERS

Portion Chips

New Potatoes

Tossed Salad

Garlic Bread

Seasonal Vegetables

Mashed Potato and Gravy

All £3.95

# PANINNIS, SANDWICHES AND JACKET POTATOES

## Lunch Special

Any Sandwich/Panini and Soup of the Day  
£8.95/£9.95

## Closed Sandwiches on White or Brown Bloomer

Blue Fin Tuna / Sage and Onion Chicken / Cumbrian Cheese / Honey Roast Ham /  
Smoked Salmon and Cream Cheese / Free Range Egg and Cress  
£5.95

## Crisp Jacket Potatoes

Blue Fin Tuna / Sage and Onion Chicken / Cumbrian Cheese /  
Smoked Salmon and Cream Cheese / Honey Roast Ham / Free Range Egg and Cress  
£5.95

## Toasted Panini's

Cumbrian Cheese and Ham with Westmorland Chutney  
Mozzarella, Pesto and Tomato with Tomato Chutney  
£5.95

Bacon & Brie with Red Onion Marmalade  
£6.95

## Old Fashioned Pork Pie

Pork, Stilton and Red Onion Marmalade Pie, Piccalilli, Salad Garnish  
£5.95

## DESSERTS

### Strawberry & Raspberry Eton Mess

Flocked Cream, Red Fruit Coulis  
£5.95

### Original Cumbrian Sticky Toffee Pudding

Vanilla Ice Cream  
£5.95

### Selection of Local Dairy Ice Cream

Gingerbread Biscuit  
£4.95

### Platter of Local Cheese

Grapes, Celery, Crackers & Westmorland Chutney  
£5.95

### Belgian Chocolate Molten - Pudding

Honeycomb Ice Cream (please allow 10 minutes)  
£5.95

# STEAK MENU

Served Monday – Saturday  
2 Course £19.95 / 3 Course £21.95

## STARTERS

### Chefs Soup of the Day

Organic Bloomer Bread

### Ham Hock Terrine

Crostini, Pickles, Dressed Salad

### Chilled Cantaloupe Melon

Lemon Sorbet, Raspberry Coulis

## MAINS

### Sirloin Steak

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

### Ham Steak

Chunky Chips, Tomato, Mushroom, & Onion Rings

### 14oz T-Bone Steak (£5.95 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

### Salmon Steak

Crushed New Potatoes, Seasonal Vegetables & Béarnaise Sauce

### Fillet Steak (£7.95 Supplement)

Chunky Chips, Tomato, Mushroom, Parsley Butter & Onion Rings

## DESSERTS

Homemade Sticky Toffee Pudding & Vanilla Ice Cream

Strawberry & Raspberry Eton Mess

Selection of Local Ice Creams

Platter of Local Cheese (£1.20 Supplement)

## SIDE ORDERS

Portion of Chips

Tossed Salad

Garlic Bread

Seasonal Vegetables

£2.95 each

## SAUCES

Diane

Au Poivre

Bearnaise

£2.95 each

# SUNDAY LUNCH MENU

2 Course £16.95 / 3 Course £19.95

## STARTERS

Chef's Soup of the Day  
Organic Bread

Chilled Cantaloupe Melon  
Lemon Sorbet, Raspberry Coulis

Ham Hock Terrine  
Crostoni, Pickles, Dressed Salad

## MAINS

All Roasts Served With  
Goose Fat Roast Potatoes, Green Beans, Baby Carrots, Cauliflower Cheese,  
Roasted Parsnips, Pan Gravy

Roast Sirloin of Cumbrian Beef  
Yorkshire Pudding,

Roast Loin of Pork  
Baked Apple

Roasted Half Cumbrian Chicken  
Bread Sauce

Poached Salmon Fillet  
Béarnaise Sauce, Lemon

Borlotti, Haricot & Kidney Bean Chilli (V)  
Medium Hot Chilli, Basmati Rice, Parmesan Shavings

## DESSERTS

Strawberry & Raspberry Eton Mess  
Flocked Cream, Red Fruit Coulis

Our Own Sticky Toffee Pudding  
Vanilla Ice Cream

Selection of Dairy Ice Creams  
Shortbread Biscuits